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# The Post

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## Newsletter of the AAN Student Interest Group in Neurology and College Student Interest Group in Neurology Programs

[www.aan.com/go/education/students](http://www.aan.com/go/education/students)

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### Greetings from the AAN

Mark your calendars—the **AAN Annual Meeting will be held in Chicago, Illinois, from April 12, 2008 to April 19, 2008.** The Annual Meeting is the best place to see the latest scientific breakthroughs, education courses, and networking opportunities for neurologists from around the world. More than 10,000 people attend the meeting each year. See below for instructions on how to register.

**Remember to apply for your reimbursement funds.** Contact me if you need forms, have content for the newsletter, or have anything you would like the Undergraduate Education Subcommittee of the AAN's Education Committee to consider.

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### Quote of the Month

We are an intelligent species and the use of our intelligence quite properly gives us pleasure. In this respect the brain is like a muscle. When we think well, we feel good. Understanding is a kind of ecstasy.

Carl Sagan,  
*Broca's Brain*, 1979

### 60<sup>th</sup> AAN Annual Meeting

**Medical Students are entitled to FREE ADMISSION to the AAN Annual Meeting if you are an AAN member or present a student ID card.**

Registration entitles you to free access to:

- Scientific platform and poster sessions
- Plenary sessions
- Colloquiums
- 60<sup>th</sup> Anniversary Celebration
- Awards Luncheon
- Exhibits
- Guidelines, Practice and Advocacy Open House
- Integrated Neuroscience

Medical students also receive a reduced rate for educational courses and can check in at the Membership Booth first thing in the morning each day for free course tickets through the Medical Student Rush Line.

### SIGN Meeting at the AAN Annual Meeting

The next SIGN meeting will be held in Chicago at the AAN Annual Meeting on Monday, April 14, 2008, 4:00 p.m.-6:30 p.m. All SIGN and CO-SIGN members and students interested in joining a chapter are encouraged to attend. Speakers and chapter representatives will be there to share what their chapter did during the year. Come and meet your

fellow students and make some valuable contacts.  
**Free, no registration required.**

## AAN Annual Meeting Activities of Interest

**Resident Basic Science I: Anatomy (1AC.001)**  
**Saturday, April 12, 9:00 a.m.-12:45 p.m.**

### **Program Description:**

Important advances have been made in the elucidation of the functional anatomy of the cerebral cortex, hypothalamus, and brainstem oculomotor regions. This new information has clinical relevance in understanding the anatomic substrate of disorders of behavior, homeostasis, and oculomotor control. Through didactic lectures and a question and answer session, faculty will provide participants with updated information on the functional anatomy of the cerebral cortex, the hypothalamus and its connections, and the brainstem areas controlling eye movements. This complements 1PC.001: Resident Basic Science II: Physiology.

**Note: Meeting attendees must register and pay a fee for this course.**

### **Resident Basic Science II: Physiology**

Recent advances in the elucidation of vestibular, pain and sleep physiology have provided the basis for a better understanding of the pathophysiology of these common neurologic disorders. Through didactic lectures and a question and answer session, faculty will provide participants with updated information on the physiology of the vestibular system, central and peripheral mechanisms of pain and analgesia, and organization of sleep control with emphasis on their pathophysiologic and clinical correlations.

**Note: Meeting attendees must register and pay a fee for this course.**

### **Residents and Fellows Career Forum and Reception**

**Monday, April 14, 6:30 p.m.-9:00 p.m.**

**Panel Forums: 6:30 p.m.-7:30 p.m.**

**Reception: 7:30 p.m.-9:00 p.m.**

This career night features three panel rooms including fellowship, private practice, and

academic/research, as well as an expanded poster forum and reception to include exhibits of private practice groups and opportunities to learn about potential positions from headhunters. Advertisers in Dendrite: Professional Opportunities in Neurology® will also be on hand to discuss job opportunities

**Future of Neuroscience Conference: Neural Repair** (<http://www.aan.com/go/am/science/future>)  
Friday, April 18, 2008  
9:00 a.m.-5:00 p.m.

### **Registration Required**

(<http://www.aan.com/go/am/reg/registration>)

**Early Registration Deadline is March 7, 2008**

## How to Register for the AAN Annual Meeting

If you are an AAN member, you may register, book your flight, and select your hotel in one stop via the AAN Annual Meeting Website at [www.aan.com/go/am](http://www.aan.com/go/am). Early registration ends March 7, 2008. After that date you will need to register at the Annual Meeting.

Medical students who are not AAN members should contact CMR (Convention Management Resources) at [aan208reg@cmrus.com](mailto:aan208reg@cmrus.com) or 1-800-676-4226 or you can register on-site at the Annual Meeting. To arrange travel, email [aanparticipants@carlsonwagonlit.com](mailto:aanparticipants@carlsonwagonlit.com) or call 1-866-978-1071

## Medical Student Prize for Excellence Deadline: March 14, 2008

The Medical Student Prize for Excellence in Neurology deadline is March 14, 2008. If you would like to be considered for this prize, contact your department chair and inform them of your interest. You can find information about the Medical Student Prize for Excellence at [www.aan.com/?page=487.176.36](http://www.aan.com/?page=487.176.36)

## Brain Awareness Week March 10-16, 2008

Brain Awareness Week is an international effort organized by the Dana Alliance for Brain Initiatives to advance public awareness about the progress and benefits of brain research. The Dana Alliance is joined in the campaign by partners in the United States and around the world, including medical and research organizations; patient advocacy groups; the National Institutes of Health, and other government agencies; service groups; hospitals and universities; K-12 schools; and professional organizations.

Be sure to check out the Dana website at [www.sfn.org/baw/](http://www.sfn.org/baw/) to help you plan your Brain Awareness Week activities. There are games, plans and other resources to download to help you spread the word to grade school students on things like bike helmet safety, etc.

You can download the “Neuroscience in the Classroom” workbook for additional games and exercises at [www.thebrainmatters.org/index.cfm?key=1.5.1](http://www.thebrainmatters.org/index.cfm?key=1.5.1)

## Neurology Medical Student Resources

If you have additions to this list, please send them to [calementi@aan.com](mailto:calementi@aan.com).

<b>Introductory texts that may be useful during your Neurology Clerkship:</b>	
<b>Title/Author:</b>	<b>Summary (from preface):</b>
Fundamentals of Neurologic Disease, Demos, 2005. <i>Davis LE, King MK, Schultz, J</i>	Inexpensive paperback book written for medical students with emphasis on most important neurologic diseases.
Clinical Neurology 6 <sup>th</sup> ed. Lange.2005. <i>Simon RP, Aminoff MJ, Greenberg DA.</i>	An approach to neurology based on the presenting symptoms or signs, developed while teaching in the clinics and wards of the University of California, San Francisco.
Blueprints in Neurology. Blackwell Science, Inc. 2002. <i>Drislane FW et al.</i>	Provides medical students with a reasonable compact review of neurology for practical use, attempting to

	clarify without oversimplifying.
Introduction to Clinical Neurology, Third Ed, Butterworth Heineman 2005. <i>Gelb DJ.</i>	Was rated 3.86/5.0 on clerkship evaluations at U. Iowa. Some students commented that “text lacks organization” while others “appreciated the clinical scenarios in each chapter”. Some students said they would “prefer a text that is more concise, highlighting the main points”.
Neurology for the Non-neurologist. Fifth Ed. Lippincott, Williams & Wilkins, 2004. <i>Weiner WJ, Goetz CG.</i>	

<b>Pocket reference books that may be useful during your Neurology Clerkship:</b>	
<b>Title/Author:</b>	<b>Summary:</b>
Massachusetts General Hospital Handbook of Neurology. Lippincott, Williams & Wilkins, 2000. <i>Flaherty AW.</i>	Excellent and comprehensive overview of hospital-based, inpatient Neurology
Neurology (House Officer Series), Seventh Ed. Lippincott, Williams & Wilkins, 2004. <i>Weiner HL, Levitt LP, Rae-Grant A.</i>	
Manual of Neurologic Therapeutics. Seventh Ed. Lippincott Williams and Wilkins, 2004. <i>Samuels MA.</i>	Comprehensive and up-to-date spiral pocket guide with the latest in treatment options and concise discussion on diagnosis.
The Resident’s Neurology Book. FA Davis, 1997. <i>Devinsky O, et al.</i>	An inexpensive paperback that is quite readable.
On Call Neurology. WB Saunders, Second Ed, 2001. <i>Marshall RS and Mayer SA.</i>	
Neurology Secrets, Fourth Ed. Hanley & Belfus, Inc., Philadelphia, 2004. <i>Loren A. Rolak.</i>	
Neurology Pearls. Hanley & Belfus, Inc., Philadelphia, 2000. <i>Waclawik, AJ and Sutula, TP</i>	

Reference texts that may be useful during your Neurology Clerkship:
<b>Title/Author:</b>
Victor and Adams Textbook of Neurology, Eighth Ed. McGraw Hill, 2006. <i>Ropper AH, Brown R.</i>
Merritt 's Textbook of Neurology, Lippincott, Williams & Wilkins, 1994. <i>Rowland LP.</i>
Neurology in Clinical Practice. Fourth Ed. Butterworth-Heinemann. 2003. <i>Bradley, W.G. et al.</i>
Cecil's Essentials of Medicine - Sections on Neurologic Disease and chapter on Infections of the Nervous System, Sixth Ed, Saunders, 2003. <i>Andreoli, TE, et al.</i>
The Practice of Neural Science, McGraw Hill, 1999 <i>Brust JCM. (currently out of print)</i>
Office Practice of Neurology, Second Ed, Churchill Livingstone, 2003. <i>Samuels, MA and Feske, SK</i>
Harrison's Principles of Internal Medicine. Neurology chapters, Sixteenth Ed., McGraw-Hill Professional, 2004. <i>Kasper, DL et al</i>

Review and/or question books for preparation for your board or shelf exams:
<b>Title/Author:</b>
Underground Clinical Vignettes: Neurology, Classic Clinical Cases for USMLE Step 2 and Clerkship, 2 <sup>nd</sup> edition, Blackwell Publishers, 2001. <i>Bhushan, V, et al</i>
NMS Review book, Lippincott Williams & Wilkins; Bk&CD-Rom edition, 2002. <i>Rosner, MH and Lazar, AE</i>
First Aid for the Neurology Clerkship, McGraw-Hill, 2002. <i>Stead, L</i>

On-line resources that may be helpful for your Neurology Clerkship:
Washington University School of Medicine Links: <a href="http://thalamus.wustl.edu/course/">thalamus.wustl.edu/course/</a> <a href="http://www.strokecenter.org/images/">www.strokecenter.org/images/</a> <a href="http://www.neuro.wustl.edu/education/clerkship.htm">www.neuro.wustl.edu/education/clerkship.htm</a>
E-medicine Neurology: <a href="http://www.emedicine.com/neuro/index.shtml">www.emedicine.com/neuro/index.shtml</a>
American Academy of Neurology <a href="http://www.aan.com">www.aan.com</a>
Whole Brain Atlas: <a href="http://www.med.harvard.edu/AANLIB/home.html">www.med.harvard.edu/AANLIB/home.html</a>
Up To Date <a href="http://www.uptodate.com">www.uptodate.com</a>

Personal accounts of neurologic disease:	
Title/Author:	Description:
Tuesdays with Morrie. <i>M. Albom.</i>	An ALS patient is interviewed throughout the course of his illness
Brainstorms: Epilepsy in Our Words – Personal Accounts of Living with Seizures. Raven Press, 1993. <i>Schacter SC.</i>	
Still Me. <i>Christopher Reeve.</i>	Autobiography of actor paralyzed by C1-C2 injury (see particularly pp 1-53 and 94-145 for his description of his disability and daily routine, and his emotional response).
Waist High in the World – A Life Among the Nondisabled. Beacon Press, Boston. 1996. <i>Nancy Mairs.</i>	A young woman wheelchair bound by Multiple Sclerosis.
The man who mistook his wife for a hat: And other clinical tales. <i>Oliver Sacks.</i>	
The Diving Bell and the Butterfly. <i>Jean-Dominique Bauby.</i>	French journalist with “locked-in syndrome”.

## Next Newsletter

The next newsletter will arrive in June. If you would like to contribute to the newsletter, send news or articles to [calementi@aan.com](mailto:calementi@aan.com).